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Program Information Guide

Providing Help for Parents of Troubled Teens. www.eProgramSearch.com

Program Information

Program Name	Toll Free #	Admissions	Type	State	Gender	Ages	Cost	Length	Founded In	School	Family Part	Aftercare
Academy, The	800-808-7515	Patricia Thomas	Boarding	Oregon	Co-ed	12-18	\$4,900/mo.	12-18 mo.	1998	Yes	Yes	As Needed
Alldredge Wilderness Journey	888-468-1828	John Grago	Wilderness	West Virginia	Co-ed	13-17	\$300-395/day	3 mo.	1999	Yes	Yes	Yes
Catherine Freer	800-390-3983	Natala Larson	Wilderness	Oregon	Co-ed	12-17	\$445/day	21-51 days	1988	No	Yes	As Needed
Cinnamon Hills	800-782-2888	Sherry Shake	Residential	Utah	Co-ed	12-18	\$9,000/mo	9-11 mo.	1995	Yes	Yes	As Needed
Diamond Ranch Academy	877-372-3200	Muarie Simons	Boarding	Utah	Co-ed	12-17	\$5,100/mo.	10-11 mo.	1998	Yes	Yes	Yes
Falcon Ridge Ranch	866-968-4673	Mariah Pogue	Residential	Utah	Girls	12-17	\$7,800/mo.	9-12 mo.	2002	Yes	Yes	Yes
Integrity House	866-586-8336	Phyllis Charles	Residential	Utah	Girls	12-17	\$5,300/mo.	10-14 mo.	2000	Yes	Yes	Yes
Rancho Valmora	505-425-6057	Angel	Residential	New Mexico	Co-ed	12-17	\$180/day	12-18 mo.	1992	Yes	Yes	As Needed
Red Rock Canyon School	800-635-4441	Todd Hockenbury	Residential	Utah	Co-ed	12-17	\$7,000/mo.	10 mo.	1999	Yes	Yes	Yes
RedCliff Ascent	800-898-1244	Cheryl Bennett	Wilderness	Utah	Co-ed	13-17	\$440/day	45-65 days	1993	Yes	Yes	Yes
Rite of Passage	800-215-1259	Sean Doak	Residential	Nevada	Co-ed	10-20	\$130/day	12 mo.	1984	Yes	Yes	As Needed
Sorensons Ranch School	888-830-4802	Layne Bagley	Boarding	Utah	Co-ed	13-17	\$5,500/mo.	12 mo.	1959	Yes	Yes	As Needed
Three Springs	888-758-4356	Admissions	Residential	Alabama	Boys, Girls	10-17	\$125-140/day	12-18 mo.	1985	Yes	Yes	Yes
Turnabout - Stillwater Academy	866-359-4600	Lee Caldwell	Residential	Utah	Co-ed	12-20	\$4,850/mo.	9-12 mo.	1986	Yes	Yes	Yes
Tyler Ranch	800-368-7159	Jon W. Tyler	Residential	Washington	Boys	6-18	\$2,500/mo.	12-18 mo.	1978	Yes	Yes	Yes

Academy, The

Admissions: Patricia Thomas	Type: Boarding	Gender: Co-ed	Ages: 12-18	Avg. Length: 12-18 mo.	Cost: \$4,900/mo.
1-800-808-7515	Bridge, Oregon	Est: 1998	School: Yes	Family Part.: Yes	Aftercare: As Needed

[Click Here to visit Academy, The's website](#)

[Click Here to request a brochure](#)

About Academy, The

The Academy is a therapeutic boarding school for troubled teens ages 12 to 18 who are struggling in their home, school or community. Common characteristics of students who enter the Academy may include low scholastic performance despite high potential, anger and defiance toward parents and other authority figures, a loss of interest in beneficial activities, moderate drug abuse, and decreased self-esteem. The backdrop of the program is choice and accountability. Within this framework, teens strive to overcome life-changing events that have happened in the past, seek to find out who they really are, and act on this knowledge. The Academy offers a fully accredited college prep school through Stanford University to help teens who have struggled in school to succeed. Periodic training meetings and visits to the campus help parents grow and prepares parents for the return home of their teen. The Academy also features an optional leadership training camp in Fiji as well as a 90-day program for teens who don't require a longer-term program.

Issues Treated

Defiance:	<input checked="" type="checkbox"/>	Drug Abuse:	<input checked="" type="checkbox"/>	Underachievement:	<input checked="" type="checkbox"/>	Undesirable Peers:	<input checked="" type="checkbox"/>	Suspension:	<input checked="" type="checkbox"/>	School Failure:	<input checked="" type="checkbox"/>	Lack of Motivation:	<input checked="" type="checkbox"/>	Add/Adhd:	<input checked="" type="checkbox"/>	Criminality:	<input type="checkbox"/>
Anger:	<input checked="" type="checkbox"/>	Rebellion:	<input checked="" type="checkbox"/>	Gang Involvement:	<input type="checkbox"/>	Sexual Issues:	<input checked="" type="checkbox"/>	Truancy:	<input checked="" type="checkbox"/>	Depression:	<input checked="" type="checkbox"/>	Eating Disorders:	<input type="checkbox"/>	Bipolar:	<input type="checkbox"/>	Disrespect:	<input checked="" type="checkbox"/>
Anxiety:	<input checked="" type="checkbox"/>	Dishonesty:	<input checked="" type="checkbox"/>	Attachment Disorder:	<input checked="" type="checkbox"/>	Running Away:	<input checked="" type="checkbox"/>	Entitlement:	<input checked="" type="checkbox"/>	Manipulation:	<input checked="" type="checkbox"/>	Family Issues:	<input checked="" type="checkbox"/>	Abuse:	<input type="checkbox"/>	Self-Mutilation:	<input type="checkbox"/>
Adoption:	<input type="checkbox"/>	Divorce:	<input checked="" type="checkbox"/>	Emotional Issues:	<input checked="" type="checkbox"/>	Stress/Post Trauma:	<input checked="" type="checkbox"/>	Impulsiveness:	<input type="checkbox"/>	Reclusiveness:	<input type="checkbox"/>	Low Self-esteem:	<input checked="" type="checkbox"/>				

Types of Therapy Offered

Group Therapy:	<input checked="" type="checkbox"/>	Individual Therapy:	<input checked="" type="checkbox"/>	Equine Therapy:	<input type="checkbox"/>	Wilderness Therapy:	<input type="checkbox"/>	Cognitive Behavioral Therapy:	<input checked="" type="checkbox"/>	Experiential Therapy:	<input checked="" type="checkbox"/>	Twelve Step Therapy:	<input type="checkbox"/>
Family Therapy:	<input type="checkbox"/>	Trauma Therapy:	<input type="checkbox"/>	Milieu Therapy:	<input type="checkbox"/>	Outdoor Therapy:	<input type="checkbox"/>	Alcoholics Anonymous:	<input type="checkbox"/>				

Allredge Wilderness Journey

Admissions: John Grago	Type: Wilderness	Gender: Co-ed	Ages: 13-17	Avg. Length: 3 mo.	Cost: \$300-395/day
1-888-468-1828	Davis, West Virginia	Est: 1999	School: Yes	Family Part.: Yes	Aftercare: Yes

[Click Here to visit Allredge Wilderness Journey's website](#)

[Click Here to request a brochure](#)

About Allredge Wilderness Journey

Allredge Academy is a therapeutic wilderness program for troubled teens ages 13 to 17 who are angry, defiant, rebellious, deceitful, manipulative, entitled, sad, impulsive, unreasonable, ill-tempered, adrift, isolated, depressed, or anxious. Four parts make up the Allredge Academy program: mountain search and rescue, mythical (rite of passage) village, the residential academic campus, and family workshops. The academy is one of only a few short-term programs (30-90 days) with a fully accredited school. All four parts of the program provide group counseling, individual counseling, and experiential learning with a goal of obtaining a lasting change from the inside out. Two interactive family workshops, designed to help interrupt and change negative multi-generational problems, are also available during the program. Allredge Academy is an ideal choice for teens who need emotional intervention, academic help, emotional growth, or a transition from another treatment program before going home.

Issues Treated

Defiance: <input checked="" type="checkbox"/>	Drug Abuse: <input checked="" type="checkbox"/>	Underachievement: <input checked="" type="checkbox"/>	Undesirable Peers: <input checked="" type="checkbox"/>	Suspension: <input checked="" type="checkbox"/>	School Failure: <input checked="" type="checkbox"/>	Lack of Motivation: <input checked="" type="checkbox"/>	Add/Adhd: <input checked="" type="checkbox"/>	Criminality: <input checked="" type="checkbox"/>
Anger: <input checked="" type="checkbox"/>	Rebellion: <input checked="" type="checkbox"/>	Gang Involvement: <input type="checkbox"/>	Sexual Issues: <input checked="" type="checkbox"/>	Truancy: <input checked="" type="checkbox"/>	Depression: <input checked="" type="checkbox"/>	Eating Disorders: <input type="checkbox"/>	Bipolar: <input type="checkbox"/>	Disrespect: <input checked="" type="checkbox"/>
Anxiety: <input checked="" type="checkbox"/>	Dishonesty: <input checked="" type="checkbox"/>	Attachment Disorder: <input type="checkbox"/>	Running Away: <input checked="" type="checkbox"/>	Entitlement: <input checked="" type="checkbox"/>	Manipulation: <input checked="" type="checkbox"/>	Family Issues: <input checked="" type="checkbox"/>	Abuse: <input checked="" type="checkbox"/>	Self-Mutilation: <input checked="" type="checkbox"/>
Adoption: <input type="checkbox"/>	Divorce: <input checked="" type="checkbox"/>	Emotional Issues: <input checked="" type="checkbox"/>	Stress/Post Trauma: <input type="checkbox"/>	Impulsiveness: <input checked="" type="checkbox"/>	Reclusiveness: <input type="checkbox"/>	Low Self-esteem: <input checked="" type="checkbox"/>		

Types of Therapy Offered

Group Therapy: <input checked="" type="checkbox"/>	Individual Therapy: <input checked="" type="checkbox"/>	Equine Therapy: <input type="checkbox"/>	Wilderness Therapy: <input type="checkbox"/>	Cognitive Behavioral Therapy: <input checked="" type="checkbox"/>	Experiential Therapy: <input checked="" type="checkbox"/>	Twelve Step Therapy: <input type="checkbox"/>
Family Therapy: <input checked="" type="checkbox"/>	Trauma Therapy: <input type="checkbox"/>	Milieu Therapy: <input type="checkbox"/>	Outdoor Therapy: <input checked="" type="checkbox"/>	Alcoholics Anonymous: <input type="checkbox"/>		

Catherine Freer

Admissions: Natala Larson	Type: Wilderness	Gender: Co-ed	Ages: 12-17	Avg. Length: 21-51 days	Cost: \$445/day
1-800-390-3983	Albany, Oregon	Est: 1988	School: No	Family Part.: Yes	Aftercare: As Needed

[Click Here to visit Catherine Freer's website](#)

[Click Here to request a brochure](#)

About Catherine Freer

Catherine Freer wilderness programs are for troubled teens ages 13 to 18 who are angry, rebellious, defiant, failing in school, abusing alcohol or drugs, struggling with attachment disorder, or recovering from abuse. Teens spend their 21 or 51-day experience with the same two counselors and a master's level therapist. The program is intensely therapeutic; offering daily individual and group therapy. Therapy is designed to accomplish a long-term change in a short amount of time. Through the experience, teens gain a greater understanding of anger/depression management, the Twelve Step process, communication skills, conflict resolution, and family dynamics. Families are asked to participate in a multi-family meeting at the beginning and end of the trek to discuss problems, goals, and solutions. Families are also enrolled in the Family IQ program, an on-line parenting resource. Wilderness weekends are available once a month for teens to reunite with staff and discuss ongoing issues. Transition homes are also available upon completion of the program and prior to returning home.

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Anger: <input checked="" type="checkbox"/>	Rebellion: <input checked="" type="checkbox"/>	Gang Involvement: <input type="checkbox"/>	Sexual Issues: <input type="checkbox"/>	Truancy: <input checked="" type="checkbox"/>	Depression: <input checked="" type="checkbox"/>	Eating Disorders: <input type="checkbox"/>	Bipolar: <input type="checkbox"/>	Disrespect: <input checked="" type="checkbox"/>
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Adoption: <input checked="" type="checkbox"/>	Divorce: <input checked="" type="checkbox"/>	Emotional Issues: <input checked="" type="checkbox"/>	Stress/Post Trauma: <input checked="" type="checkbox"/>	Impulsiveness: <input checked="" type="checkbox"/>	Reclusiveness: <input type="checkbox"/>	Low Self-esteem: <input checked="" type="checkbox"/>		

Types of Therapy Offered

Group Therapy: <input checked="" type="checkbox"/>	Individual Therapy: <input checked="" type="checkbox"/>	Equine Therapy: <input type="checkbox"/>	Wilderness Therapy: <input checked="" type="checkbox"/>	Cognitive Behavioral Therapy: <input checked="" type="checkbox"/>	Experiential Therapy: <input checked="" type="checkbox"/>	Twelve Step Therapy: <input checked="" type="checkbox"/>
Family Therapy: <input checked="" type="checkbox"/>	Trauma Therapy: <input type="checkbox"/>	Milieu Therapy: <input type="checkbox"/>	Outdoor Therapy: <input checked="" type="checkbox"/>	Alcoholics Anonymous: <input type="checkbox"/>		

Cinnamon Hills

Admissions: Sherry Shake	Type: Residential	Gender: Co-ed	Ages: 12-18	Avg. Length: 9-11 mo.	Cost: \$9,000/mo
1-800-782-2888	St. George, Utah	Est: 1995	School: Yes	Family Part.: Yes	Aftercare: As Needed

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[Click Here to request a brochure](#)

About Cinnamon Hills

Cinnamon Hills is a residential treatment program for troubled teens ages 12 to 18 who exhibit behavioral issues, addiction issues, mental health issues, dual diagnosis, or are falling short of their potential. At Cinnamon Hills, teens learn through a very structured program to take responsibility for their actions and gain a positive vision of their future. An individual treatment plan is developed for each teen and helps him or her advance through a level system based on choice and accountability. The program's fully accredited school features small classes in which studies can be personalized, teacher-student bonds can be formed, and students can excel. Teens over 15 years of age have the opportunity to apply for a job and work in a supervised setting. For healthcare and medication needs, a psychiatrist and pediatrician are available. Families participate in weekly family therapy, and students are allowed one phone call home per week. These interactions are designed to help families and teens develop the healthy relationships necessary for a smooth transition home. The Cinnamon Hills' staff also coordinates aftercare assistance to further ensure teens have the support they need upon returning home.

Issues Treated

Defiance: <input checked="" type="checkbox"/>	Drug Abuse: <input checked="" type="checkbox"/>	Underachievement: <input checked="" type="checkbox"/>	Undesirable Peers: <input checked="" type="checkbox"/>	Suspension: <input checked="" type="checkbox"/>	School Failure: <input checked="" type="checkbox"/>	Lack of Motivation: <input checked="" type="checkbox"/>	Add/Adhd: <input type="checkbox"/>	Criminality: <input type="checkbox"/>
Anger: <input checked="" type="checkbox"/>	Rebellion: <input checked="" type="checkbox"/>	Gang Involvement: <input type="checkbox"/>	Sexual Issues: <input checked="" type="checkbox"/>	Truancy: <input type="checkbox"/>	Depression: <input checked="" type="checkbox"/>	Eating Disorders: <input type="checkbox"/>	Bipolar: <input checked="" type="checkbox"/>	Disrespect: <input checked="" type="checkbox"/>
Anxiety: <input checked="" type="checkbox"/>	Dishonesty: <input checked="" type="checkbox"/>	Attachment Disorder: <input type="checkbox"/>	Running Away: <input checked="" type="checkbox"/>	Entitlement: <input checked="" type="checkbox"/>	Manipulation: <input checked="" type="checkbox"/>	Family Issues: <input checked="" type="checkbox"/>	Abuse: <input checked="" type="checkbox"/>	Self-Mutilation: <input type="checkbox"/>
Adoption: <input checked="" type="checkbox"/>	Divorce: <input checked="" type="checkbox"/>	Emotional Issues: <input checked="" type="checkbox"/>	Stress/Post Trauma: <input checked="" type="checkbox"/>	Impulsiveness: <input checked="" type="checkbox"/>	Reclusiveness: <input type="checkbox"/>	Low Self-esteem: <input checked="" type="checkbox"/>		

Types of Therapy Offered

Group Therapy: <input checked="" type="checkbox"/>	Individual Therapy: <input checked="" type="checkbox"/>	Equine Therapy: <input type="checkbox"/>	Wilderness Therapy: <input type="checkbox"/>	Cognitive Behavioral Therapy: <input checked="" type="checkbox"/>	Experiential Therapy: <input checked="" type="checkbox"/>	Twelve Step Therapy: <input type="checkbox"/>
Family Therapy: <input checked="" type="checkbox"/>	Trauma Therapy: <input type="checkbox"/>	Milieu Therapy: <input type="checkbox"/>	Outdoor Therapy: <input type="checkbox"/>	Alcoholics Anonymous: <input type="checkbox"/>		

Diamond Ranch Academy

Admissions: Muarie Simons	Type: Boarding	Gender: Co-ed	Ages: 12-17	Avg. Length: 10-11 mo.	Cost: \$5,100/mo.
1-877-372-3200	Hurricane, Utah	Est: 1998	School: Yes	Family Part.: Yes	Aftercare: Yes

[Click Here to visit Diamond Ranch Academy's website](#)

[Click Here to request a brochure](#)

About Diamond Ranch Academy

Diamond Ranch Academy is a therapeutic boarding school for troubled teens ages 12 to 17 who exhibit defiance, treatment resistance, impulsive behaviors, ADD/ADHD, low self-esteem, or poor interpersonal skills. Diamond Ranch has four campuses to help keep genders and age groups separate. The mission of Diamond Ranch Academy is to help youth implement positive, lifelong change through a system of natural rewards and consequences. This system combined with a peer-participant judicial system has proved to be highly effective in helping teens learn to be responsible for their own decisions. The four main types of therapy offered include milieu therapy, group therapy, family therapy, and individual therapy.

Diamond Ranch Academy's Amazing School

Diamond Ranch Academy's school features all the clubs, sports, and activities that teens would participate in at their home school. In fact due to the unique location, some students may find more activities to participate in than at their home school. These activities when combined with therapy can help leverage a great boost in each students self-esteem. Due to the unique ranch environment, therapists are able to work closely with youth to build relationships necessary to help youth change themselves. Families participate through phone calls with their teen and a therapist, online updates, and through family workshops designed to strengthen relationships. Diamond Ranch Academy's Real Life Transition Program models life as teens will face it everyday and is available to teens who are looking for extra help before returning home.

Issues Treated

Defiance: <input checked="" type="checkbox"/>	Drug Abuse: <input checked="" type="checkbox"/>	Underachievement: <input checked="" type="checkbox"/>	Undesirable Peers: <input checked="" type="checkbox"/>	Suspension: <input checked="" type="checkbox"/>	School Failure: <input checked="" type="checkbox"/>	Lack of Motivation: <input checked="" type="checkbox"/>	Add/Adhd: <input checked="" type="checkbox"/>	Criminality: <input type="checkbox"/>
Anger: <input checked="" type="checkbox"/>	Rebellion: <input checked="" type="checkbox"/>	Gang Involvement: <input type="checkbox"/>	Sexual Issues: <input checked="" type="checkbox"/>	Truancy: <input checked="" type="checkbox"/>	Depression: <input checked="" type="checkbox"/>	Eating Disorders: <input type="checkbox"/>	Bipolar: <input type="checkbox"/>	Disrespect: <input checked="" type="checkbox"/>
Anxiety: <input checked="" type="checkbox"/>	Dishonesty: <input checked="" type="checkbox"/>	Attachment Disorder: <input checked="" type="checkbox"/>	Running Away: <input checked="" type="checkbox"/>	Entitlement: <input checked="" type="checkbox"/>	Manipulation: <input checked="" type="checkbox"/>	Family Issues: <input checked="" type="checkbox"/>	Abuse: <input checked="" type="checkbox"/>	Self-Mutilation: <input checked="" type="checkbox"/>
Adoption: <input type="checkbox"/>	Divorce: <input checked="" type="checkbox"/>	Emotional Issues: <input checked="" type="checkbox"/>	Stress/Post Trauma: <input checked="" type="checkbox"/>	Impulsiveness: <input checked="" type="checkbox"/>	Reclusiveness: <input type="checkbox"/>	Low Self-esteem: <input checked="" type="checkbox"/>		

Types of Therapy Offered

Group Therapy: ☒ Individual Therapy: ☒ Equine Therapy: ☒ Wilderness Therapy: ☐ Cognitive Behavioral Therapy: ☒ Experiential Therapy: ☒ Twelve Step Therapy: ☐
Family Therapy: ☒ Trauma Therapy: ☐ Milieu Therapy: ☒ Outdoor Therapy: ☒ Alcoholics Anonymous: ☐

Falcon Ridge Ranch

Admissions: Mariah Pogue	Type: Residential	Gender: Girls	Ages: 12-17	Avg. Length: 9-12 mo.	Cost: \$7,800/mo.
1-866-968-4673	Virgin, Utah	Est: 2002	School: Yes	Family Part.: Yes	Aftercare: Yes

[Click Here to visit Falcon Ridge Ranch's website](#)

[Click Here to request a brochure](#)

About Falcon Ridge Ranch

Falcon Ridge Ranch is a residential treatment program for troubled teenage girls ages 12 to 17 who struggle with self-esteem, aggression, social skills, lying, respect for others, academics, substance abuse, learning disabilities, or sexual promiscuity. The ranch is located in beautiful southern Utah near Zion National Park. The program is based on a positive peer culture and the philosophy that each girl is responsible for her own actions. An individual paced academic plan is created upon entering the program to help tailor treatment to the specific needs and situations of each student. Treatment consists of individual, group, family, equine, recreational, and substance abuse therapy (Twelve Step). The girls participate in equine therapy four times weekly, which helps them learn respect, assertiveness, teamwork, discipline, and communication skills in a unique way. The treatment process allows the girls to realize that they are of worth and that they are happier when making positive choices. Classes at Falcon Ridge Ranch School are held year-round to give students an opportunity to succeed in academics and progress towards graduation. Families can participate in the program through regular family therapy, which may be over the phone or as part of a family weekend at the ranch. An aftercare program is developed for each girl as she graduates to help her manage the transition back into family life. A transitional program is also available for those who would like extra help in the transition back home and the opportunity to learn some valuable life skills.

Issues Treated

Defiance: <input checked="" type="checkbox"/>	Drug Abuse: <input checked="" type="checkbox"/>	Underachievement: <input checked="" type="checkbox"/>	Undesirable Peers: <input checked="" type="checkbox"/>	Suspension: <input checked="" type="checkbox"/>	School Failure: <input checked="" type="checkbox"/>	Lack of Motivation: <input checked="" type="checkbox"/>	Add/Adhd: <input checked="" type="checkbox"/>	Criminality: <input checked="" type="checkbox"/>
Anger: <input checked="" type="checkbox"/>	Rebellion: <input checked="" type="checkbox"/>	Gang Involvement: <input type="checkbox"/>	Sexual Issues: <input checked="" type="checkbox"/>	Truancy: <input checked="" type="checkbox"/>	Depression: <input checked="" type="checkbox"/>	Eating Disorders: <input checked="" type="checkbox"/>	Bipolar: <input type="checkbox"/>	Disrespect: <input checked="" type="checkbox"/>
Anxiety: <input checked="" type="checkbox"/>	Dishonesty: <input checked="" type="checkbox"/>	Attachment Disorder: <input checked="" type="checkbox"/>	Running Away: <input checked="" type="checkbox"/>	Entitlement: <input checked="" type="checkbox"/>	Manipulation: <input checked="" type="checkbox"/>	Family Issues: <input checked="" type="checkbox"/>	Abuse: <input checked="" type="checkbox"/>	Self-Mutilation: <input type="checkbox"/>
Adoption: <input checked="" type="checkbox"/>	Divorce: <input checked="" type="checkbox"/>	Emotional Issues: <input checked="" type="checkbox"/>	Stress/Post Trauma: <input checked="" type="checkbox"/>	Impulsiveness: <input checked="" type="checkbox"/>	Reclusiveness: <input type="checkbox"/>	Low Self-esteem: <input checked="" type="checkbox"/>		

Types of Therapy Offered

Group Therapy: ☒ Individual Therapy: ☒ Equine Therapy: ☒ Wilderness Therapy: ☐ Cognitive Behavioral Therapy: ☒ Experiential Therapy: ☒ Twelve Step Therapy: ☐
Family Therapy: ☒ Trauma Therapy: ☐ Milieu Therapy: ☐ Outdoor Therapy: ☒ Alcoholics Anonymous: ☐

Integrity House

Admissions: Phyllis Charles	Type: Residential	Gender: Girls	Ages: 12-17	Avg. Length: 10-14 mo.	Cost: \$5,300/mo.
1-866-586-8336	Cedar City, Utah	Est: 2000	School: Yes	Family Part.: Yes	Aftercare: Yes

[Click Here to visit Integrity House's website](#)

[Click Here to request a brochure](#)

About Integrity House

The Integrity House is a residential treatment center for troubled teens ages 13 to 18 who are failing in school, defiant, noncompliant, or exhibiting destructive behavior. The primary objective of the Integrity House program is to help teens become more responsible and gain more respect for self and authority through individual improvement, accountability, and service. These skills will help teens develop the courage required to make positive choices in their lives. A staff to student ratio of 1:4 is maintained to ensure each student receives the individual attention he or she needs. A nurse and physician are also available as needed. Families are involved in monthly family therapy sessions to discuss issues and to help create solutions. The Integrity House also offers parents a program guarantee in the event that their son or daughter needs extra help after graduating from the program.

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Anger: <input checked="" type="checkbox"/>	Rebellion: <input checked="" type="checkbox"/>	Gang Involvement: <input checked="" type="checkbox"/>	Sexual Issues: <input checked="" type="checkbox"/>	Truancy: <input checked="" type="checkbox"/>	Depression: <input checked="" type="checkbox"/>	Eating Disorders: <input checked="" type="checkbox"/>	Bipolar: <input checked="" type="checkbox"/>	Disrespect: <input checked="" type="checkbox"/>
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Types of Therapy Offered

Group Therapy: <input checked="" type="checkbox"/>	Individual Therapy: <input checked="" type="checkbox"/>	Equine Therapy: <input checked="" type="checkbox"/>	Wilderness Therapy: <input type="checkbox"/>	Cognitive Behavioral Therapy: <input checked="" type="checkbox"/>	Experiential Therapy: <input type="checkbox"/>	Twelve Step Therapy: <input checked="" type="checkbox"/>
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Rancho Valmora

Admissions: Angel	Type: Residential	Gender: Co-ed	Ages: 12-17	Avg. Length: 12-18 mo.	Cost: \$180/day
1-505-425-6057	Valmora, New Mexico	Est: 1992	School: Yes	Family Part.: Yes	Aftercare: As Needed

[Click Here to visit Rancho Valmora's website](#)

[Click Here to request a brochure](#)

About Rancho Valmora

Rancho Valmora is a residential treatment center for troubled teens ages 12 to 17 who are angry, rebellious, defiant, failing in school, abusing alcohol or drugs, struggling with attachment disorder, or recovering from abuse. The 1,000-acre campus is set northeast of Santa Fe, New Mexico, on the eastern side of the Sangre de Cristo Mountains. The program is based on the positive peer culture (PPC) social learning model. The PPC model helps teens hold each other accountable for their actions, build self-esteem, and develop a system of positive values based on caring for self and others. The program also includes daily group therapy and recreational therapy. Valmora High School was established to serve the students of Rancho Valmora. Within the high school, each student has an individual educational plan and works on an individual basis at his or her own pace. This is possible due to the 1:5 teacher/student ratio which provides for a greater amount of individual attention. Families have the opportunity to participate in family therapy twice a month. Cabins on campus are also available for families visiting their teen.

Issues Treated

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Anger: <input checked="" type="checkbox"/>	Rebellion: <input type="checkbox"/>	Gang Involvement: <input checked="" type="checkbox"/>	Sexual Issues: <input type="checkbox"/>	Truancy: <input type="checkbox"/>	Depression: <input checked="" type="checkbox"/>	Eating Disorders: <input checked="" type="checkbox"/>	Bipolar: <input type="checkbox"/>	Disrespect: <input checked="" type="checkbox"/>
Anxiety: <input checked="" type="checkbox"/>	Dishonesty: <input checked="" type="checkbox"/>	Attachment Disorder: <input type="checkbox"/>	Running Away: <input checked="" type="checkbox"/>	Entitlement: <input checked="" type="checkbox"/>	Manipulation: <input checked="" type="checkbox"/>	Family Issues: <input checked="" type="checkbox"/>	Abuse: <input checked="" type="checkbox"/>	Self-Mutilation: <input checked="" type="checkbox"/>
Adoption: <input checked="" type="checkbox"/>	Divorce: <input checked="" type="checkbox"/>	Emotional Issues: <input checked="" type="checkbox"/>	Stress/Post Trauma: <input checked="" type="checkbox"/>	Impulsiveness: <input checked="" type="checkbox"/>	Reclusiveness: <input type="checkbox"/>	Low Self-esteem: <input checked="" type="checkbox"/>		

Types of Therapy Offered

Group Therapy: <input checked="" type="checkbox"/>	Individual Therapy: <input checked="" type="checkbox"/>	Equine Therapy: <input type="checkbox"/>	Wilderness Therapy: <input type="checkbox"/>	Cognitive Behavioral Therapy: <input checked="" type="checkbox"/>	Experiential Therapy: <input checked="" type="checkbox"/>	Twelve Step Therapy: <input type="checkbox"/>
Family Therapy: <input checked="" type="checkbox"/>	Trauma Therapy: <input type="checkbox"/>	Milieu Therapy: <input type="checkbox"/>	Outdoor Therapy: <input checked="" type="checkbox"/>	Alcoholics Anonymous: <input type="checkbox"/>		

Red Rock Canyon School

Admissions: Todd Hockenbury	Type: Residential	Gender: Co-ed	Ages: 12-17	Avg. Length: 10 mo.	Cost: \$7,000/mo.
1-800-635-4441	St. George, Utah	Est: 1999	School: Yes	Family Part.: Yes	Aftercare: Yes

[Click Here to visit Red Rock Canyon School's website](#)

[Click Here to request a brochure](#)

About Red Rock Canyon School

Red Rock Canyon School is a residential treatment center for troubled teens ages 12 to 17 who struggle with depression, ADHD, ADD, oppositional defiant disorder, mild eating disorders, teen suicide, anxiety, post traumatic stress disorder, attachment disorders, or substance abuse. The school is located in the red rock country of southern Utah, which is known for its beauty and warm climate. The program focuses on the good in each teen and works to ensure that teens feel safe and confident. The multi-therapeutic model used in treatment offers individual therapy, family therapy, and various types of group therapy including Twelve Step groups. The academic program is designed to help students develop a love for learning and a more positive self-image as they experience academic success. Many students with poor educational performance in the past learn to excel at Red Rock Canyon School. Families can participate in treatment through bi-monthly family therapy sessions and in a family weekend program. As students graduate from the program, an individual aftercare plan is established to help them succeed in the transition back to home and family life.

Issues Treated

Defiance: <input checked="" type="checkbox"/>	Drug Abuse: <input checked="" type="checkbox"/>	Underachievement: <input checked="" type="checkbox"/>	Undesirable Peers: <input checked="" type="checkbox"/>	Suspension: <input checked="" type="checkbox"/>	School Failure: <input checked="" type="checkbox"/>	Lack of Motivation: <input checked="" type="checkbox"/>	Add/Adhd: <input checked="" type="checkbox"/>	Criminality: <input checked="" type="checkbox"/>
Anger: <input checked="" type="checkbox"/>	Rebellion: <input checked="" type="checkbox"/>	Gang Involvement: <input type="checkbox"/>	Sexual Issues: <input checked="" type="checkbox"/>	Truancy: <input checked="" type="checkbox"/>	Depression: <input checked="" type="checkbox"/>	Eating Disorders: <input checked="" type="checkbox"/>	Bipolar: <input type="checkbox"/>	Disrespect: <input checked="" type="checkbox"/>
Anxiety: <input checked="" type="checkbox"/>	Dishonesty: <input checked="" type="checkbox"/>	Attachment Disorder: <input checked="" type="checkbox"/>	Running Away: <input checked="" type="checkbox"/>	Entitlement: <input checked="" type="checkbox"/>	Manipulation: <input checked="" type="checkbox"/>	Family Issues: <input checked="" type="checkbox"/>	Abuse: <input checked="" type="checkbox"/>	Self-Mutilation: <input type="checkbox"/>
Adoption: <input checked="" type="checkbox"/>	Divorce: <input checked="" type="checkbox"/>	Emotional Issues: <input checked="" type="checkbox"/>	Stress/Post Trauma: <input checked="" type="checkbox"/>	Impulsiveness: <input checked="" type="checkbox"/>	Reclusiveness: <input type="checkbox"/>	Low Self-esteem: <input checked="" type="checkbox"/>		

Types of Therapy Offered

Group Therapy: <input checked="" type="checkbox"/>	Individual Therapy: <input checked="" type="checkbox"/>	Equine Therapy: <input type="checkbox"/>	Wilderness Therapy: <input type="checkbox"/>	Cognitive Behavioral Therapy: <input checked="" type="checkbox"/>	Experiential Therapy: <input checked="" type="checkbox"/>	Twelve Step Therapy: <input checked="" type="checkbox"/>
Family Therapy: <input checked="" type="checkbox"/>	Trauma Therapy: <input type="checkbox"/>	Milieu Therapy: <input checked="" type="checkbox"/>	Outdoor Therapy: <input type="checkbox"/>	Alcoholics Anonymous: <input checked="" type="checkbox"/>		

RedCliff Ascent

Admissions: Cheryl Bennett	Type: Wilderness	Gender: Co-ed	Ages: 13-17	Avg. Length: 45-65 days	Cost: \$440/day
1-800-898-1244	Springville, Utah	Est: 1993	School: Yes	Family Part.: Yes	Aftercare: Yes

[Click Here to visit RedCliff Ascent's website](#)

[Click Here to request a brochure](#)

About RedCliff Ascent

Redcliff Ascent is a therapeutic wilderness program for troubled teens ages 13 to 17 who exhibit anger, irresponsibility, defiance, academic failure, rage, dishonesty, low self-esteem, depression, or substance abuse among other issues. Located in beautiful southern Utah, the 650 square mile field area for Redcliff Ascent covers a large geographic area and ranges from 2,000 - 7,500 feet in altitude. The program was established in 1993 and has successfully helped thousands of teens put life into perspective as well as overcome the issues that have been governing their lives. Redcliff maintains a 1:3 staff to student ratio to ensure individual attention in its programs, which are offered year-round. Each student is given the appropriate gear he or she will need before becoming acclimated to the beautiful environment. During the trek, students have the choice to participate in leadership roles and to gain a better sense of responsibility, problem solving, teamwork, and personal contribution. Throughout the trek, counselors use the numerous opportunities that arise to explore issues on an individual and group level. Teens are also encouraged to hold each other accountable for their actions. Parents participate in the two-day graduation ceremony. At graduation teens share their experiences, existing barriers are often broken down, an aftercare program is developed, and doors are opened for communication and respect. A program is also available for troubled young adults ages 18 to 25.

Issues Treated

Defiance: <input checked="" type="checkbox"/>	Drug Abuse: <input checked="" type="checkbox"/>	Underachievement: <input checked="" type="checkbox"/>	Undesirable Peers: <input checked="" type="checkbox"/>	Suspension: <input checked="" type="checkbox"/>	School Failure: <input checked="" type="checkbox"/>	Lack of Motivation: <input checked="" type="checkbox"/>	Add/Adhd: <input checked="" type="checkbox"/>	Criminality: <input checked="" type="checkbox"/>
Anger: <input checked="" type="checkbox"/>	Rebellion: <input checked="" type="checkbox"/>	Gang Involvement: <input type="checkbox"/>	Sexual Issues: <input checked="" type="checkbox"/>	Truancy: <input checked="" type="checkbox"/>	Depression: <input checked="" type="checkbox"/>	Eating Disorders: <input type="checkbox"/>	Bipolar: <input checked="" type="checkbox"/>	Disrespect: <input checked="" type="checkbox"/>
Anxiety: <input checked="" type="checkbox"/>	Dishonesty: <input checked="" type="checkbox"/>	Attachment Disorder: <input checked="" type="checkbox"/>	Running Away: <input checked="" type="checkbox"/>	Entitlement: <input checked="" type="checkbox"/>	Manipulation: <input checked="" type="checkbox"/>	Family Issues: <input checked="" type="checkbox"/>	Abuse: <input checked="" type="checkbox"/>	Self-Mutilation: <input checked="" type="checkbox"/>
Adoption: <input checked="" type="checkbox"/>	Divorce: <input checked="" type="checkbox"/>	Emotional Issues: <input checked="" type="checkbox"/>	Stress/Post Trauma: <input checked="" type="checkbox"/>	Impulsiveness: <input checked="" type="checkbox"/>	Reclusiveness: <input type="checkbox"/>	Low Self-esteem: <input checked="" type="checkbox"/>		

Types of Therapy Offered

Group Therapy: ☒ Individual Therapy: ☒ Equine Therapy: ☐ Wilderness Therapy: ☒ Cognitive Behavioral Therapy: ☒ Experiential Therapy: ☒ Twelve Step Therapy: ☒

Family Therapy: ☒ Trauma Therapy: ☐ Milieu Therapy: ☒ Outdoor Therapy: ☒ Alcoholics Anonymous: ☒

Rite of Passage

Admissions: Sean Doak	Type: Residential	Gender: Co-ed	Ages: 10-20	Avg. Length: 12 mo.	Cost: \$130/day
1-800-215-1259	Minden, Nevada	Est: 1984	School: Yes	Family Part.: Yes	Aftercare: As Needed

[Click Here to visit Rite of Passage's website](#)

[Click Here to request a brochure](#)

About Rite of Passage

Rite of Passage is a residential treatment center for troubled teens ages 10 to 20 who are angry, rebellious, defiant, failing in school, abusing alcohol or drugs, struggling with attachment disorder, or recovering from abuse. Rite of Passage is located in Minden, Nevada, and all its facilities comprise 238,000 feet of program space. Through a positive peer culture and behavioral management system, teens learn respect, tolerance, and communication/problem solving skills. Students who have not excelled academically are able to thrive within the small class sizes. Students have the opportunity to gain vocational skills such as culinary arts, automotive technology, computer science, drafting, and welding. Students are also encouraged to participate in athletics. The school houses a state of the art recreational facility with basketball courts and exercise machines. Interscholastic basketball, soccer, track and field, and football are also encouraged. Rite of Passage is designed to help teens learn the life skills needed to be successful. To graduate from the program, each student must demonstrate a learned competency in vocational training, athletics, life skills, his or her individualized graduation plan, demonstrated behavior changes, aftercare, treatment plans, and education.

Issues Treated

Defiance: <input checked="" type="checkbox"/>	Drug Abuse: <input checked="" type="checkbox"/>	Underachievement: <input checked="" type="checkbox"/>	Undesirable Peers: <input checked="" type="checkbox"/>	Suspension: <input checked="" type="checkbox"/>	School Failure: <input checked="" type="checkbox"/>	Lack of Motivation: <input checked="" type="checkbox"/>	Add/Adhd: <input type="checkbox"/>	Criminality: <input type="checkbox"/>
Anger: <input checked="" type="checkbox"/>	Rebellion: <input checked="" type="checkbox"/>	Gang Involvement: <input type="checkbox"/>	Sexual Issues: <input checked="" type="checkbox"/>	Truancy: <input checked="" type="checkbox"/>	Depression: <input checked="" type="checkbox"/>	Eating Disorders: <input type="checkbox"/>	Bipolar: <input type="checkbox"/>	Disrespect: <input checked="" type="checkbox"/>
Anxiety: <input checked="" type="checkbox"/>	Dishonesty: <input checked="" type="checkbox"/>	Attachment Disorder: <input checked="" type="checkbox"/>	Running Away: <input checked="" type="checkbox"/>	Entitlement: <input checked="" type="checkbox"/>	Manipulation: <input checked="" type="checkbox"/>	Family Issues: <input checked="" type="checkbox"/>	Abuse: <input checked="" type="checkbox"/>	Self-Mutilation: <input type="checkbox"/>
Adoption: <input checked="" type="checkbox"/>	Divorce: <input checked="" type="checkbox"/>	Emotional Issues: <input checked="" type="checkbox"/>	Stress/Post Trauma: <input checked="" type="checkbox"/>	Impulsiveness: <input checked="" type="checkbox"/>	Reclusiveness: <input type="checkbox"/>	Low Self-esteem: <input checked="" type="checkbox"/>		

Types of Therapy Offered

Group Therapy: <input checked="" type="checkbox"/>	Individual Therapy: <input checked="" type="checkbox"/>	Equine Therapy: <input type="checkbox"/>	Wilderness Therapy: <input type="checkbox"/>	Cognitive Behavioral Therapy: <input checked="" type="checkbox"/>	Experiential Therapy: <input checked="" type="checkbox"/>	Twelve Step Therapy: <input type="checkbox"/>
Family Therapy: <input checked="" type="checkbox"/>	Trauma Therapy: <input type="checkbox"/>	Milieu Therapy: <input type="checkbox"/>	Outdoor Therapy: <input checked="" type="checkbox"/>	Alcoholics Anonymous: <input type="checkbox"/>		

Sorensons Ranch School

Admissions: Layne Bagley	Type: Boarding	Gender: Co-ed	Ages: 13-17	Avg. Length: 12 mo.	Cost: \$5,500/mo.
1-888-830-4802	Koosharem, Utah	Est: 1959	School: Yes	Family Part.: Yes	Aftercare: As Needed

[Click Here to visit Sorensons Ranch School's website](#)

[Click Here to request a brochure](#)

About Sorensons Ranch School

Sorenson's Ranch School is a therapeutic school for troubled teens ages 13 to 17 who have problems with substance abuse, low self-esteem, learning differences, running away, school expulsion, or extreme mental stress. Sorenson's Ranch is located in the beautiful, remote mountains of Koosharem, Utah. The program is based on a point and level system in which students receive positive and negative consequences based on their observed behaviors. The school provides students with the structure needed to prevent destructive behaviors, enough freedom to make good choices, and a chance to develop a positive internal value system. The school is accredited through the Northwest Association of Schools, Colleges and Universities, and offers a wide variety of courses. Students may complete coursework in English, math, social studies, science, Spanish, physical education, art, horsemanship, woodworking, swimming, and more. Parents can participate through family therapy, phone contact, and by checking their teen's daily progress through online parent services.

Issues Treated

Defiance: <input checked="" type="checkbox"/>	Drug Abuse: <input checked="" type="checkbox"/>	Underachievement: <input checked="" type="checkbox"/>	Undesirable Peers: <input checked="" type="checkbox"/>	Suspension: <input checked="" type="checkbox"/>	School Failure: <input checked="" type="checkbox"/>	Lack of Motivation: <input checked="" type="checkbox"/>	Add/Adhd: <input checked="" type="checkbox"/>	Criminality: <input checked="" type="checkbox"/>
Anger: <input checked="" type="checkbox"/>	Rebellion: <input checked="" type="checkbox"/>	Gang Involvement: <input type="checkbox"/>	Sexual Issues: <input checked="" type="checkbox"/>	Truancy: <input checked="" type="checkbox"/>	Depression: <input checked="" type="checkbox"/>	Eating Disorders: <input type="checkbox"/>	Bipolar: <input type="checkbox"/>	Disrespect: <input checked="" type="checkbox"/>
Anxiety: <input checked="" type="checkbox"/>	Dishonesty: <input checked="" type="checkbox"/>	Attachment Disorder: <input checked="" type="checkbox"/>	Running Away: <input checked="" type="checkbox"/>	Entitlement: <input checked="" type="checkbox"/>	Manipulation: <input checked="" type="checkbox"/>	Family Issues: <input checked="" type="checkbox"/>	Abuse: <input checked="" type="checkbox"/>	Self-Mutilation: <input type="checkbox"/>
Adoption: <input checked="" type="checkbox"/>	Divorce: <input checked="" type="checkbox"/>	Emotional Issues: <input checked="" type="checkbox"/>	Stress/Post Trauma: <input checked="" type="checkbox"/>	Impulsiveness: <input checked="" type="checkbox"/>	Reclusiveness: <input type="checkbox"/>	Low Self-esteem: <input checked="" type="checkbox"/>		

Types of Therapy Offered

Group Therapy: <input checked="" type="checkbox"/>	Individual Therapy: <input checked="" type="checkbox"/>	Equine Therapy: <input checked="" type="checkbox"/>	Wilderness Therapy: <input type="checkbox"/>	Cognitive Behavioral Therapy: <input checked="" type="checkbox"/>	Experiential Therapy: <input checked="" type="checkbox"/>	Twelve Step Therapy: <input type="checkbox"/>
Family Therapy: <input checked="" type="checkbox"/>	Trauma Therapy: <input type="checkbox"/>	Milieu Therapy: <input type="checkbox"/>	Outdoor Therapy: <input checked="" type="checkbox"/>	Alcoholics Anonymous: <input type="checkbox"/>		

Three Springs

Admissions: Admissions	Type: Residential	Gender: Boys, Girls	Ages: 10-17	Avg. Length: 12-18 mo.	Cost: \$125-140/day
1-888-758-4356	Huntsville, Alabama	Est: 1985	School: Yes	Family Part.: Yes	Aftercare: Yes

[Click Here to visit Three Springs's website](#)

[Click Here to request a brochure](#)

About Three Springs

Three Springs is a collection of residential treatment programs for troubled teenage boys ages 10 to 17 and troubled teenage girls ages 11 to 17 who struggle with depression, substance abuse, defiance, ADD/ADHD, or self-injurious behavior. Three Springs offers programs for girls in Virginia and Alabama, and programs for boys in Virginia, Alabama, Maryland, Tennessee, Georgia, and North Carolina for a total 22 different programs in all. There are three types of programs offered: transitional living programs, outdoor therapeutic programs, and secure residential programs. All of the programs tailor a treatment approach to the needs of the individual teen. The program experience as well as a positive peer culture environment provide immediate feedback for teens and help teens to revise their self-image, establish new behavior patterns, acquire new life/social skills, and improve relationships. Education is another important aspect of the Three Springs programs. Many teens who come to Three Springs have suffered academically in the past. The fully accredited schools at each campus offer certified teachers, well-rounded curriculum, athletics, and college preparation. Three Springs realizes that poor performance in school may be a sign of underlying problems and seeks to use education as part of each students overall treatment plan.

Families can participate in the program through an assigned family service worker, who provides support and opportunities for involvement including family support weekends and eventually visits home for the teen.

Issues Treated

Defiance: <input checked="" type="checkbox"/>	Drug Abuse: <input checked="" type="checkbox"/>	Underachievement: <input checked="" type="checkbox"/>	Undesirable Peers: <input checked="" type="checkbox"/>	Suspension: <input checked="" type="checkbox"/>	School Failure: <input checked="" type="checkbox"/>	Lack of Motivation: <input checked="" type="checkbox"/>	Add/Adhd: <input checked="" type="checkbox"/>	Criminality: <input checked="" type="checkbox"/>
Anger: <input checked="" type="checkbox"/>	Rebellion: <input checked="" type="checkbox"/>	Gang Involvement: <input type="checkbox"/>	Sexual Issues: <input checked="" type="checkbox"/>	Truancy: <input checked="" type="checkbox"/>	Depression: <input checked="" type="checkbox"/>	Eating Disorders: <input checked="" type="checkbox"/>	Bipolar: <input checked="" type="checkbox"/>	Disrespect: <input checked="" type="checkbox"/>
Anxiety: <input checked="" type="checkbox"/>	Dishonesty: <input checked="" type="checkbox"/>	Attachment Disorder: <input checked="" type="checkbox"/>	Running Away: <input checked="" type="checkbox"/>	Entitlement: <input checked="" type="checkbox"/>	Manipulation: <input checked="" type="checkbox"/>	Family Issues: <input checked="" type="checkbox"/>	Abuse: <input checked="" type="checkbox"/>	Self-Mutilation: <input checked="" type="checkbox"/>
Adoption: <input checked="" type="checkbox"/>	Divorce: <input checked="" type="checkbox"/>	Emotional Issues: <input checked="" type="checkbox"/>	Stress/Post Trauma: <input checked="" type="checkbox"/>	Impulsiveness: <input checked="" type="checkbox"/>	Reclusiveness: <input type="checkbox"/>	Low Self-esteem: <input checked="" type="checkbox"/>		

Types of Therapy Offered

Group Therapy: ☒ Individual Therapy: ☒ Equine Therapy: ☐ Wilderness Therapy: ☐ Cognitive Behavioral Therapy: ☒ Experiential Therapy: ☒ Twelve Step Therapy: ☐
Family Therapy: ☒ Trauma Therapy: ☐ Milieu Therapy: ☐ Outdoor Therapy: ☒ Alcoholics Anonymous: ☐

Turnabout - Stillwater Academy

Admissions: Lee Caldwell	Type: Residential	Gender: Co-ed	Ages: 12-20	Avg. Length: 9-12 mo.	Cost: \$4,850/mo.
1-866-359-4600	South Jordan, Utah	Est: 1986	School: Yes	Family Part.: Yes	Aftercare: Yes

[Click Here to visit Turnabout - Stillwater Academy's website](#)

[Click Here to request a brochure](#)

About Turnabout - Stillwater Academy

Through compassion, self-discovery, structure and guidance Turnabout/Stillwater Academy helps families learn to help themselves. The program's mission is to guide students and their families to the true principles of happiness. Turnabout/Stillwater Academy provides the support and structure needed for students and families to turn from a destructive path to a path of healing and life-long health.

Typically, Turnabout/Stillwater Academy serves male and female students 12 to 20 years of age. Students and their families are generally experiencing interpersonal conflict manifested by the student in self-defeating behaviors such as: dishonesty, acting out, promiscuity, school truancy and failure, alcohol or drug use, and running away. These behaviors could be motivated by unresolved issues such as low self-esteem, adoption, depression, family problems, stress from a traumatic experience, executive functioning problems, or other emotional or psychological problems.

The program recognizes the importance of parental stewardship, parental love, and the need for parents to concurrently work on their issues while the students do their own work. The program utilizes a unique host-home system to provide housing for students. This group of caring and committed host parents gives our students a family setting to return to each night and provides an additional dimension of support, encouragement, and love for each student. After a complete psychological evaluation a treatment plan is developed for each student. This treatment plan may include individual therapy, group therapy, substance abuse treatment, equine assisted therapy, psycho-educational groups, etc. In house psychiatric services are available for each student. Turnabout/Stillwater Academy is also an accredited special purpose school. Each student has an educational component to his/her program.

Issues Treated

Defiance: <input checked="" type="checkbox"/>	Drug Abuse: <input checked="" type="checkbox"/>	Underachievement: <input checked="" type="checkbox"/>	Undesirable Peers: <input checked="" type="checkbox"/>	Suspension: <input checked="" type="checkbox"/>	School Failure: <input checked="" type="checkbox"/>	Lack of Motivation: <input checked="" type="checkbox"/>	Add/Adhd: <input checked="" type="checkbox"/>	Criminality: <input checked="" type="checkbox"/>
Anger: <input checked="" type="checkbox"/>	Rebellion: <input checked="" type="checkbox"/>	Gang Involvement: <input checked="" type="checkbox"/>	Sexual Issues: <input checked="" type="checkbox"/>	Truancy: <input checked="" type="checkbox"/>	Depression: <input checked="" type="checkbox"/>	Eating Disorders: <input checked="" type="checkbox"/>	Bipolar: <input checked="" type="checkbox"/>	Disrespect: <input checked="" type="checkbox"/>

Anxiety: ☒ Dishonesty: ☒ Attachment Disorder: ☒ Running Away: ☒ Entitlement: ☒ Manipulation: ☒ Family Issues: ☒ Abuse: ☒ Self-Mutilation: ☒
Adoption: ☒ Divorce: ☒ Emotional Issues: ☒ Stress/Post Trauma: ☒ Impulsiveness: ☒ Reclusiveness: ☐ Low Self-esteem: ☒

Types of Therapy Offered

Group Therapy: ☒ Individual Therapy: ☒ Equine Therapy: ☒ Wilderness Therapy: ☐ Cognitive Behavioral Therapy: ☒ Experiential Therapy: ☒ Twelve Step Therapy: ☒
Family Therapy: ☒ Trauma Therapy: ☒ Milieu Therapy: ☐ Outdoor Therapy: ☒ Alcoholics Anonymous: ☒

Tyler Ranch

Admissions: Jon W. Tyler	Type: Residential	Gender: Boys	Ages: 6-18	Avg. Length: 12-18 mo.	Cost: \$2,500/mo.
1-800-368-7159	Spokane, Washington	Est: 1978	School: Yes	Family Part.: Yes	Aftercare: Yes

[Click Here to visit Tyler Ranch's website](#)

[Click Here to request a brochure](#)

About Tyler Ranch

Tyler Ranch is a residential treatment program for troubled teenage boys ages 6 to 18 who are struggling with self-esteem, academics, responsibility, anger, or defiance. Tyler Ranch is located in Spokane, Washington, and was founded in 1978. Therapy is composed of many different parts such as individual, recreational, group, and family therapy. Within the program a treatment plan is created for each boy to help redirect attention toward activities that encourage positive communication, constructive goals, and a positive self-image. The program involves a point system in which teens can earn privileges for good behavior. Students are assisted by feedback from staff and are given immediate training when needed. The program is balanced by plenty of recreational therapy including snowboarding, rock climbing, and hiking. Tyler Ranch has developed an educational program with the public school system that holds teens accountable for their work, helps them excel through study sessions, and provides as much one on one tutoring as needed. Families have the opportunity to participate in regular family therapy with their teen and a counselor. Tyler Ranch also assists families in creating a smooth transition back to family life and ensuring that their teen has the support he needs when returning home.

Issues Treated

Defiance: <input checked="" type="checkbox"/>	Drug Abuse: <input type="checkbox"/>	Underachievement: <input checked="" type="checkbox"/>	Undesirable Peers: <input checked="" type="checkbox"/>	Suspension: <input checked="" type="checkbox"/>	School Failure: <input checked="" type="checkbox"/>	Lack of Motivation: <input checked="" type="checkbox"/>	Add/Adhd: <input checked="" type="checkbox"/>	Criminality: <input type="checkbox"/>
Anger: <input checked="" type="checkbox"/>	Rebellion: <input checked="" type="checkbox"/>	Gang Involvement: <input type="checkbox"/>	Sexual Issues: <input type="checkbox"/>	Truancy: <input checked="" type="checkbox"/>	Depression: <input checked="" type="checkbox"/>	Eating Disorders: <input type="checkbox"/>	Bipolar: <input type="checkbox"/>	Disrespect: <input checked="" type="checkbox"/>
Anxiety: <input checked="" type="checkbox"/>	Dishonesty: <input checked="" type="checkbox"/>	Attachment Disorder: <input type="checkbox"/>	Running Away: <input checked="" type="checkbox"/>	Entitlement: <input checked="" type="checkbox"/>	Manipulation: <input checked="" type="checkbox"/>	Family Issues: <input checked="" type="checkbox"/>	Abuse: <input checked="" type="checkbox"/>	Self-Mutilation: <input type="checkbox"/>
Adoption: <input checked="" type="checkbox"/>	Divorce: <input checked="" type="checkbox"/>	Emotional Issues: <input checked="" type="checkbox"/>	Stress/Post Trauma: <input checked="" type="checkbox"/>	Impulsiveness: <input checked="" type="checkbox"/>	Reclusiveness: <input type="checkbox"/>	Low Self-esteem: <input checked="" type="checkbox"/>		

Types of Therapy Offered

Group Therapy: <input checked="" type="checkbox"/>	Individual Therapy: <input checked="" type="checkbox"/>	Equine Therapy: <input type="checkbox"/>	Wilderness Therapy: <input type="checkbox"/>	Cognitive Behavioral Therapy: <input checked="" type="checkbox"/>	Experiential Therapy: <input checked="" type="checkbox"/>	Twelve Step Therapy: <input type="checkbox"/>
Family Therapy: <input checked="" type="checkbox"/>	Trauma Therapy: <input type="checkbox"/>	Milieu Therapy: <input type="checkbox"/>	Outdoor Therapy: <input checked="" type="checkbox"/>	Alcoholics Anonymous: <input type="checkbox"/>		